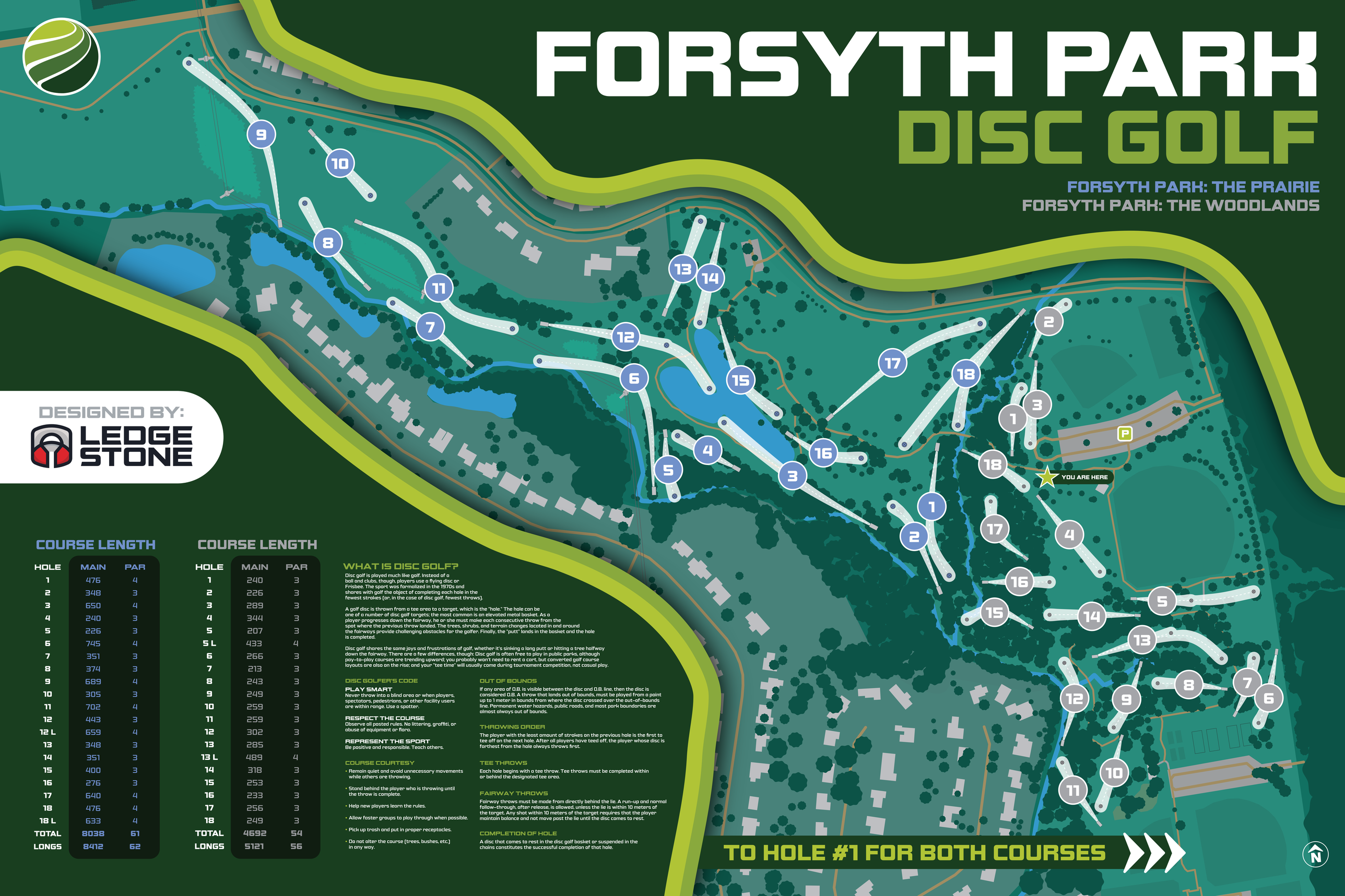
FORSYTH PARK
DISC GOLF

FORSYTH PARK: THE PRAIRIE
FORSYTH PARK: THE WOODLANDS



DESIGNED BY: LEDGE STONE

COURSE LENGTH

HOLE	MAIN	PAR
1	476	4
2	348	3
3	650	4
4	240	3
5	226	3
6	745	4
7	351	3
8	374	3
9	689	4
10	305	3
11	702	4
12	443	3
12 L	659	4
13	348	3
14	351	3
15	400	3
16	276	3
17	640	4
18	476	4
18 L	633	4
TOTAL	8038	61
LONGS	8412	62

COURSE LENGTH

HOLE	MAIN	PAR
1	240	3
2	226	3
3	289	3
4	344	3
5	207	3
5 L	433	4
6	266	3
7	213	3
8	243	3
9	249	3
10	259	3
11	259	3
12	302	3
13	285	3
13 L	489	4
14	318	3
15	253	3
16	233	3
17	256	3
18	249	3
TOTAL	4692	54
LONGS	5121	56

WHAT IS DISC GOLF?

Disc golf is played much like golf. Instead of a ball and clubs, though, players use a flying disc or Frisbee. The sport was formalized in the 1970s and shares with golf the object of completing each hole in the fewest strokes (or, in the case of disc golf, fewest throws).

A golf disc is thrown from a tee area to a target, which is the "hole." The hole can be one of a number of disc golf targets; the most common is an elevated metal basket. As a player progresses down the fairway, he or she must make each consecutive throw from the spot where the previous throw landed. The trees, shrubs, and terrain changes located in and around the fairways provide challenging obstacles for the golfer. Finally, the "putt" lands in the basket and the hole is completed.

Disc golf shares the same joys and frustrations of golf, whether it's sinking a long putt or hitting a tree halfway down the fairway. There are a few differences, though: Disc golf is often free to play in public parks, although pay-to-play courses are trending upward; you probably won't need to rent a cart, but converted golf course layouts are also on the rise; and your "tee time" will usually come during tournament competition, not casual play.

DISC GOLFER'S CODE

PLAY SMART
Never throw into a blind area or when players, spectators, pedestrians, or other facility users are within range. Use a spotter.

RESPECT THE COURSE
Observe all posted rules. No littering, graffiti, or abuse of equipment or flora.

REPRESENT THE SPORT
Be positive and responsible. Teach others.

COURSE COURTESY

- Remain quiet and avoid unnecessary movements while others are throwing.
- Stand behind the player who is throwing until the throw is complete.
- Help new players learn the rules.
- Allow faster groups to play through when possible.
- Pick up trash and put in proper receptacles.
- Do not alter the course (trees, bushes, etc.) in any way.

OUT OF BOUNDS

If any area of O.B. is visible between the disc and O.B. line, then the disc is considered O.B. A throw that lands out of bounds, must be played from a point up to 1 meter in bounds from where the disc crossed over the out-of-bounds line. Permanent water hazards, public roads, and most park boundaries are almost always out of bounds.

THROWING ORDER

The player with the least amount of strokes on the previous hole is the first to tee off on the next hole. After all players have teed off, the player whose disc is farthest from the hole always throws first.

TEE THROWS

Each hole begins with a tee throw. Tee throws must be completed within or behind the designated tee area.

FAIRWAY THROWS

Fairway throws must be made from directly behind the lie. A run-up and normal follow-through, after release, is allowed, unless the lie is within 10 meters of the target. Any shot within 10 meters of the target requires that the player maintain balance and not move past the lie until the disc comes to rest.

COMPLETION OF HOLE

A disc that comes to rest in the disc golf basket or suspended in the chains constitutes the successful completion of that hole.